



20th ANNUAL ELBURN DAYS 5K RUN/ 1 MILE WALK

SATURDAY – AUGUST 22, 2009 – 8:00 AM

Check In – 7:00 am at the Elburn Fire Department located at 210 East North Street.

Directions – From the intersection of Illinois Routes 47 and 38, travel one mile south (along Route 47) to North Street. Proceed one block east to the Elburn Fire Department.

Awards – Trophies will be presented to the first, second and third place finishers (both men and women) as well as the first and second place finishers (both men and women) in the following age groups: 11 and under, 12 - 17, 18 – 24, 25 – 31, 32 - 38, 39 – 45, 46 – 52, 53 – 59, and 60+.

Race Features:

- 3.1 Mile Course
- 1 Mile Walk
- T-Shirts for All Entrants
- Water and Juice Supplied
- Times for All Entrants

General Information:

- Pre-Registration Fee *: \$15.00
- Day of Race: \$20.00

** Prior to August 19th*

Make Checks Payable to:

Elburn Days Run
C/O Mark Eddington (630) 940-4225
4633 Woodward Avenue
Downers Grove, Illinois 60515

Sponsors: Alice's Place
Elburn Chiropractic
MWF Mortgage
Spring Bluff Nursery
ESI Consultants, Ltd.

Proceeds from the race and fun run/walk will be presented to the Lions charities.

Name: _____ **Sex:** Male Female

Please Print

E-Mail: _____

Address: _____ **City:** _____ **State:** _____

Phone: _____ **Age:** _____ **Shirt Size:** M L XL

IN CONSIDERATION OF THE FOREGOING, I FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASIGNEES, DO HEREBY RELEASE AND DISCHARGE THE ELBURN LIONS CLUB, THE VILLAGE OF ELBURN, VOLUNTEERS OR OFFICIALS, FOR ALL CLAIMS OF DAMAGES, DEMANDS AND ACTIONS WHATSOEVER IN ANY MANNER OR GROWING OUT OF MY PARTICIPATION IN THE ELBURN DAYS 5-K RUN AND 1-MILE FUN RUN/WALK.

Signature: _____ **Date:** _____

Parent or Guardian (if minor)